Team Objective Skills Clinical Examination (TOSCE)

Post-Workshop Activity (2.5 hours)

1) Source and read at least two articles from the additional recommended reading list

2) Write a reflection on the TOSCE workshop.

Guidance on writing the TOSCE reflection

As a guide on how to structure the content of your reflections, it is encouraged that you follow the cycle below. This will prompt you through a number of stages to help you analyse and learn from the experience and ultimately relate it back to developing and improving your professional practice.

1. Description
   What happened?

2. Feelings
   What were you thinking?

3. Evaluation
   What else could you have done?

4. Analysis
   What sense can be made of the situation?

5. Conclusion
   What was good/bad about the situation?

6. Action
   If it arose again what would you do?

Gibbs (1988) Reflective Practice Cycle

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The IPE reflection will enable you to demonstrate your progressive learning towards the knowledge, skills and attitudes for team working and collaborative practice as a qualified professional. Your progress towards these will be demonstrated incrementally, linked with your uni-professional progression. Learning will be a gradual process for most people. Insight and reflection come more easily to some than others. However we anticipate that some students who are mature learners and/or have worked in health and social care previously, will progress more rapidly and with greater insight.

Completing the reflection

Stage 1 – What? (Description)
The first step is to describe what you know. Ask yourself the following questions about the learning context:

- What is the physical description?
- What is going on? When did it occur? Who was involved?
- What is my perspective on this learning?
- What did I do? What did others do?
- What, if anything, is unusual about what has been observed?

Stage 2 – Why? (Feelings & evaluation)
Now analyse the learning:

- Why do I think things happened in this way?
- Why did I choose to act the way I did? What can I summarise about why the other person(s) acted as she/he/they did? What was going on for each of us?
- What was I thinking and feeling? How might this have affected my choice of behaviour?
- How might the context have influenced the experience? Was there something about the activities or something about the timing or location of events?
- Are there other potential contributing factors? Something about what was said or done by others that triggered my response? Are there past experiences that may have contributed to the response?
Stage 3 – So What? (Analysis & conclusion)
Being able to describe something and figure out why it happened is not enough; a reflective practitioner needs to see the overall meaning of events. Consider the following questions:

- Why did this seem like a significant event to reflect on?
- What have I learned from this? How could I improve?
- How might this change my future thinking, behaviour and interactions?
- What questions remain?

Stage 4 – Now What? (Action)
It is in this stage that reflection moves into action planning. What are the implications of what you have discovered from the preceding steps? Consider the following questions:

- What will I do differently?

Reference
Aims of an interprofessional (IPE) event in later stages of your programme

To further develop your knowledge and team working skills as applied to the modern health and social care services, identifying solutions to effective team working.

Learning Outcomes

You will be able to:

- Illustrate how to apply effective team working skills in practice
- Demonstrate how core profession specific skills complement other health and social care team members to enhance multi-professional collaborative working
- Assess the importance of good communication skills to achieve mutual understanding between patients/service users/clients and health and social care team members
- Analyse the problems and consider solutions to effective team working in practice
- Continued practice and reflection and demonstration of interprofessional competence
IPE Reflection Guidance

Following each event please write a reflection using the following guidance (based on Gibbs Cycle):

➢ Description of event (What?)

➢ When and with whom? (Enter the date and which profession students were working towards)

➢ Where? (State locality/NHS site)

➢ The reflection (800 words)

  o Give three clear examples of how this interprofessional event has enabled you to develop your skills, attitude or knowledge base. Focus on how it has helped you to develop or strengthened your personal potential as an interprofessional member of a care team.

  o Please put the following signature block at the end of your reflection

    Tutor’s Signature: ..................................Name: .................................

    Date: .................................

    Comments: .................................

  o Hand in your reflection using your HEI local arrangements

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