

OER STUDENT WORKBOOK for reflective activities

Introduction to team working and collaborative practice in health, education and social care, practice and delivery

STRAND ONE Learning Inter-Professionally-LIP

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Introduction

This is a workbook to help you reflect on your learning as you complete your Strand One Learning Interprofessionally (LIP).

In this health, education and social care region, interprofessional education has been designed to be integral to your training, available throughout, increasing in the level of knowledge and skills you acquire.

Students who may be timetabled to work with you in strand one include;

Nursing (child, adult, mental health and learning disability); Midwifery; Podiatry; Occupational Therapy; Social Work; Paramedics and Early Childhood students.

This learning event takes place within a university classroom setting.

What is this Module all about?

The learning has been designed to begin your personal development of your interprofessional competencies. Either prior to or at the beginning of this learning event you should have viewed an introductory DVD designed to familiarise you with team working within health, education and social care. In this learning you will be considering the roles and responsibilities of the health, education and social care professionals you watched. Working through the learning tasks you will be able to consider your personal abilities when working within a team. You will also begin to build up an awareness of the work of your own and other professions in health, education and social care its practice and delivery.

What Happens?

You will spend two sessions divided into two days from 10am until 4pm. You will have been allocated to work in a mixed student group. You will be set group tasks to complete all designed to meet the aims and learning outcomes of this event. Tutors will be clinical academics from each of the represented professional areas who may or may not be familiar to you.

How will this be assessed?

This learning event will form your strand one interprofessional learning and you are expected to explain what you did and reflect on what you have learnt about team working within health, education and social care. You should reflect back to the learning outcomes.

Aim

To explore what is meant by team working for health, education and social care professionals with respect to your own and other professionals in collaborative patient centred care.

Session Structure and Teaching Methods

You are responsible for your own and your groups learning by engaging in experiential, modified problem based learning, where you will be given challenges to consider, to reflect upon and come to some conclusions about.

Cross-modular themes

Team working and collaborative practice are closely integrated through your learning and you should relate what you learn in all you interprofessional events back into your chosen professional curriculum.

Individual activity 1: Things to consider before you start

Consider the importance of good team working to ensure a quality experience from the patient/service user//carer/student perspective. Think about what might get in the way of good team working and the consequences of this.

Team Working

Health, education and social care its practice and delivery depend upon different professionals working together. If patients/service users/carers/students are to receive a quality experience then everyone needs to understand how best to use the range of expertise available. There is no room for negative interprofessional attitudes which have been found to inhibit team working. Frequently inability to work together results in minor problems. Sadly however professional interactions have been found to fail causing fatal outcomes.

Interprofessional practice is now firmly embedded within modern health, education and social care delivery. Evidence continues to show that effective team working benefits patients/service users/carers/students and staff (Borrill et al 2001).

Group activity 2: Team working ~ group warm-up ~ eggs can fly!

This activity has been designed to enable you to work together as a new group. In completing the activity you will have had to make some contribution to your teams' work.

Consider:

What did you do to help?

Did you manage to communicate your views within the group?

How did it feel working within this team?

How did your team feel about your team outcome?

Group activity 3: Professional roles - who are you?

Who are you, as a student studying a specific profession? What do you know about all the other health, education and social care professionals? You should complete the middle column below with your initial thoughts and assumptions about the profession, then complete the right column after group discussion and perhaps some research into aspects of the professional role. You may not be able to complete the sections on every profession during the time allocated to this task. However, we encourage you to continue developing this as you meet different professionals on your learning journey.

Profession	Initial thoughts and assumptions on professional roles	Considered thoughts on professional role after discussion and research
Nurse (child)		
Nurse (adult)		
Nurse (mental health)		
Nurse (learning disability)		
Midwifery		
Occupational Therapy		

Podiatry		
Social Work		
Paramedics		
Teacher		
Early Childhood Studies Professional		
Doctor		

References and useful additional materials

Barratt G, Sellman D, Thomas J.(2005) **Interprofesional working in Health and Social Care. Professional Perspectives.** Palgrave Macmillan.

Hutchings, S., Hall, J. and Lovelady, B.(2003) **Teamwork. A guide to successful collaboration in Health & Social Care.** Speechmark Editions.

Leathard, A.(2003) **Interprofessional Collaboration. From Polocy to practice in health and social care.** Brunner-Routledge. Talor and Francis.

Levin, P.(2005) **Successful Teamwork,** Berkshire, Open University Press.

Meads G, Ashcroft J.(2005) **The Case for Interprofessional Collaboration In health and Social Care.** CAIPE. Blackwell Publishing.

Some useful web resources

UK Centre for Advancement of Interprofessional Education <http://www.caipe.org.uk>

European InterProfessional Education Network <http://www.eipen.org>