

Mental Health Interprofessional (IPE) event

Sample student's pre course information

RE: Interprofessional Assessments in Mental Health

Date:

From:

Dear Student

Welcome to this interprofessional event. It aims to

(add own make up of team)

Date and Time:

(add own details)

Venue:

(Add own details)

Parking:

(add own details)

Refreshments:

(to confirm)

Facilitators for the event: (add names)



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Introduction and background to course

Over the 2 days you will all be immersed in generating a care plan for a service user with mental health difficulties; most of the patients are based in the community, but occasionally we use interesting cases who are in-patients.

Once placed in your group at the beginning of the first day, you will remain working with those people for the remainder of the 2 day course. Together you will be interviewing the service user and an agency involved in that person's care. Many of you will not have met before and you will come from differing professional backgrounds, but there is huge potential to learn a lot from each other about how your profession would approach and interact with a mental health service user.

Within your group there will be a mixture of students which could include medics, mental health nursing students, pharmacy students, midwives, or (graduate) social workers. Your group will simulate the experience of working in a multidisciplinary community mental health team. Together you will write a care plan for the service user you interview and present your findings.

This workbook will help to guide you through the process, along with the course facilitators. It would be most helpful if you could fill in all of the evaluation forms, so that we can incorporate your comments into the development of this course. This course has been developed locally to give all of you an experience of working in interprofessional teams and we hope that you will both enjoy and benefit from the course.

For those of you who have a portfolio, participation in this event will count as evidence. Please ensure you ask one of your tutors to sign this off in your portfolio.”

Workbook

A workbook accompanies this course. You will obtain a copy from...**(Note to facilitator – add your own details e.g. via VLE or as a hard copy)**

Pre-course Activity

Please study the workbook in advance of the course as we really help you to get more out of the course. Also review your own uniprofessional materials on mental health and well being.



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Aims

- To explore the contribution of different disciplines in the mental health interdisciplinary working.
- To apply the social and medical models to holistic interagency care planning for service users.

Learning Outcomes

Knowledge

- Analyse the importance of the promotion of mental health and the prevention of psychiatric disorders.
- Appreciate the effects of stigma on service users and their families.

Skills

- Reflect upon your own and society's attitudes towards service users with mental health difficulties.
- Generate a comprehensive interagency care plan for a service user and evaluate the role of the various statutory and non-statutory agencies in the delivery of this care plan.
- Analyse the care given to service users with mental health difficulties and critically appraise the current working practices.
- Demonstrate effective communication between agencies and individuals throughout.
- Reflect upon how you work in interagency groups.

Attitudes or values

- Value the importance of involving service users and their carer's in the generation of care plans and in identifying unmet physical, psychological and social needs.
- Be aware of the need to tolerate uncertainty in clinical practice and be more receptive about the views of others.
- Develop a positive attitude towards the challenges of working in mental health.



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Sample Timetable

(please see full workbook for more details of activities)

Day 1

- 09:00 Welcome and Introductions - Group working exploring:
- Sharing past experience of mental health work
 - Understanding of professional roles
 - Medical / Social model
 - Devising group goals
- 10:00 Mental Health Promotion:
- What influences mental health and well-being
 - Stigma
 - Where and how are needs met
 - Benefits to the person
- 10:45 Coffee
- 11:00 Care Planning:
- Introduction to interagency care plan template
 - Discussion of sample care plan
 - Confidentiality issues
- 12:15 Lunch
- 13:00 Care Planning:
- Ongoing sample case
 - Mental Capacity Act / DOLS
 - Mental Health Act
 - Advocacy
 - Carers Support
- 14:00 Preparing for patient and agency Interviews:
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- Setting relevant questions
- Agreeing who will ask which question etc

15:30 Patient Visit

16:30 Review of patient interview:

- Each student identify 2 questions for Agency Visit

16:45 End of day 1

Day 2

09:30 Agency Visit

- Must have interview questions ready to ask.
- Must have pre-negotiated group roles beforehand.
- Be mindful of time – you have one hour.

11:00 Return to venue to prepare presentation

- A lap top and projector is available if you want to use Powerpoint; also, flipcharts and OHTs.
- Presentation guidelines are on page 24.
- All presentations to last approximately 15 minutes.

12:00 Lunch

12:45 Complete presentations:

- The resource box is available with relevant text books, articles, legislation, BNF etc.

1.00 Presentations of interagency care plans to larger group:

- Each presentation should last 15 minutes (max).
- Everyone in the group must contribute/attend.
- As an audience member you are expected to think of questions to ask your peers; see page 25.



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- 16:30 Feedback session:
- Reflection from students
 - Reflection from the facilitators
 - Completion of the evaluation forms
- 17:00 Close

Comment: A range of different lecturers and practitioners with different expertise. contribute to the Programme

Completion Portfolio Evidence & Assessment

*(An assessment may be completed following this event for example a reflection using the guidance in the following link...**Note to facilitator – link to IPE Student Portfolio)***

The course team hopes you enjoy the course.

Please do not hesitate to contact us in advance of the event if you have any queries

(Add name of facilitator)

(Add contact details)



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