

# Mental Health Interprofessional (IPE) Event Information Sheet for Service Users

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You are being invited to take part in a project. Before you decide it is important for you to understand why the project is being done and what it will involve. Please read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or you would like more information. Take time to decide whether or not you wish to take part.

## What is the purpose of the project?

It is important that different professionals in the NHS work together to develop appropriate care plans. However, students from medical, nursing and social work backgrounds are often taught separately. We feel it is important that students learn to work as part of a team. We have organised the students into groups of 4. We are asking the students to work together to write a care plan for you.

## Why have I been chosen?

Your psychiatrist has identified you as someone who might be willing to have a small number of students visit you at home to help with this project.

## Do I have to take part?

It is up to you to decide whether or not to take part. If you do decide to take part you will be given this information sheet to keep and be asked to sign a consent form. If you decide to take part you are still free to withdraw at any time and without giving a reason. A decision to withdraw at any time, or a decision not to take part, will not affect the standard of care you receive.

## What will happen to me if I take part?

A group of 4 students will visit you at home on one occasion. They will be provided with a brief summary of your mental health difficulties. You will be shown a copy of the summary if you wish to by your psychiatrist. During the interview you will be asked questions about your mental and physical health and the impact of this on your day to day life. You may be asked questions about the professionals you see,



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and about your family and social supports. If you enjoy the visit you may be asked to participate again in the future.

The interview will take approximately 60 minutes, and can take place in your own home. If it is possible the students might also want to speak to your carer. This is usually a next of kin such as a partner, spouse, son or daughter. Therefore we will also be seeking your consent to speak with your next of kin. If you are not happy for us to contact your next of kin the students would still like to interview you. Following this the students will also speak to a professional involved in your care, e.g. your community nurse, social worker, psychiatrist, etc. The students will then work together to produce a care plan. They will present this care plan to a small group of professionals and students in a way that respects your confidentiality.

### **What are possible benefits of taking part?**

We do not anticipate any specific benefits for those who take part in the project. However, if during the interview anything new is discovered that may benefit your treatment, then this will be communicated to your treating team. We believe it will benefit the doctors, nurses and social workers of the future to provide better care.

### **What if I have a complaint about the project?**

If you wish to complain, or have any concerns about any aspect of the way you have been approached or treated during the course of this study, the normal NHS complaints mechanisms should be available to you.

### **Will my taking part in this study be kept confidential?**

All information which is collected about you during the course of the project will be kept strictly confidential. Your GP will be notified of your participation in the project.

### **What will happen to the results of the project?**

The results will be reported to appropriate colleagues locally, and will be published in the relevant educational journals. Findings from the study will be presented in a way that will not identify individual participants in any way. We hope to develop a new course for students from these pilots.



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## Who is organising the project?

This research has been organised by the **(add own details/institution's title)**

## Will I receive payment for my time?

You will receive a cheque for (at time of writing £20) from **( add own insitution's name)** to thank you for the time you spend helping to educate the students.

Thank you for taking the time to read this information sheet.

## Contact for further information:

Please keep this sheet for your information. If you have any questions, please do not hesitate to contact the following:

Dr **(add own details)**

Or

Dr **(add own details)**

For independent advice regarding participating in research you can contact the local Patient Advice and Liaison Service (PALS) on **(add local number)**



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