A Frame of Reference for Dementia (Kitwood, 1993)
There is more to dementia however then just knowing the characteristics of the type/form diagnosed and subsequent signs and symptoms (sessions 1 and 2). The late Tom Kitwood (a researcher and lecturer in dementia at Bradford University) provided a useful frame of reference for understanding dementia that went beyond signs, symptoms and medical diagnosis (Kitwood, 1993:16) He coined the equation below to demonstrate the key concepts involved. It is sometimes referred to as the Enriched or Dialectical Model.

\[ D = P + B + H + NI + SP \]

If D stands for dementia, how do you think Kitwood aligned the other letters? Remember, these make up the individual’s experience of their condition.

e-tivity 3.1 (2 hours)
Task
Consider what the other letters in the equation might stand for:

\[ \begin{align*}
D & \quad \text{Dementia} \\
P & \quad \text{P} \\
B & \quad \text{B} \\
H & \quad \text{H} \\
NI & \quad \text{NI} \\
SP & \quad \text{SP}
\end{align*} \]

Now read Kitwood’s answer. Source the following article:

Comment on your thoughts on Kitwood’s paper in the... *(Note to facilitator - suggest a discussion board) (75 words minimum)*.

**Respond**

Reply to at least two other contributions from other team members (30 words each)

In the next 5 sessions, each of these areas are further discussed.

**Reference**

Kitwood, T (1993) Discover the person, not the disease. Journal of Dementia Care, 1 (1), pp.16-17