

Dementia Awareness (Unit 1): Summary and final reflections

So ...'What is dementia?'

We have through the this introductory unit come to understand not only that dementia is an umbrella term for a variety of differing forms or types, but also that it is a complex interplay of biological / medical, psychological and social factors.

Each person's experience of dementia is different, and changes in behaviour may not solely be due to disease progression.

Perhaps more importantly, we as health/social care workers find that we can make a difference to the person's experience by our communication and through our interactions.

Many of us in our professional careers may have become frustrated by a lack of resources to support good dementia care. However, despite these challenges, we can still through our immediate interactions make a difference to a person's experience of their condition.

e-tivity (2 hours)

1. Reflect on your understanding of dementia, and how completing this Unit has increased your awareness. Post your reflections on the...**(Note to facilitator - suggest a discussion board)**
2. Consider how this understanding can be reflected both in your day-to-day practice and in your working with other professionals. Post examples of this on the...**(Note to facilitator - suggest a discussion board)**



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