

Dementia Awareness (Unit 1): Session 3 (2 hours)

A Frame of Reference for Dementia (Kitwood, 1993)

There is more to dementia however than just knowing the characteristics of the type/form diagnosed and subsequent signs and symptoms (sessions 1 and 2). The late Tom Kitwood (a researcher and lecturer in dementia at Bradford University) provided a useful frame of reference for understanding dementia that went beyond signs, symptoms and medical diagnosis (Kitwood, 1993:16) He coined the equation below to demonstrate the key concepts involved. It is sometimes referred to as the [Enriched](#) or [Dialectical Model](#).

$$\mathbf{D = P + B + H + NI + SP}$$

If D stands for dementia, how do you think Kitwood aligned the other letters? Remember, these make up the *individual's* experience of their condition.

e-tivity 3.1 (2 hours)

Task

Consider what the other letters in the equation might stand for:

D.....Dementia

P.....

B.....

H.....

NI.....

SP.....

Now read Kitwood's answer. Source the following article:



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Kitwood, T (1993) *Discover the person, not the disease. Journal of Dementia Care, 1 (1),pp.16-17.*

Comment on your thoughts on Kitwood's paper in the...**(Note to facilitator - suggest a discussion board) (75 words minimum).**

Respond

Reply to at least two other contributions from other team members (30 words each)

In the next 5 sessions, each of these areas are further discussed.

Reference

Kitwood, T (1993) *Discover the person, not the disease. Journal of Dementia Care, 1 (1),pp.16-17*



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