

# Dementia Awareness (Unit 1): What is Dementia?

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## Introduction

The e-tivities in this learning unit will examine your current knowledge about dementia and your understanding of the term. It is the first learning unit in the dementia series, It is particularly useful for those with no prior knowledge of dementia, and provides core underpinning knowledge and understanding to the other dementia units.

## Where does this unit fit within the dementia series?

This is the first unit and underpins all other units in the dementia series.

## Purpose of Dementia (Unit 1)

The aim of this Unit is to provide you with a basic introduction to dementia. It is aimed at people with little knowledge and/or experience in this area.

## By the end of this unit, you should be able to:

- Define, in your own words, what is meant by the term 'dementia'
- Be aware of the main forms / types of dementia
- Know the common symptoms of dementia
- Use an appropriate frame of reference to consider the individual presentation of dementia
- Understand the progression of dementia



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