Dementia Awareness (Unit 1): Pre-course Activities (3 hours)

Prior to commencing the Dementia course it is recommended that you complete the following two activities.
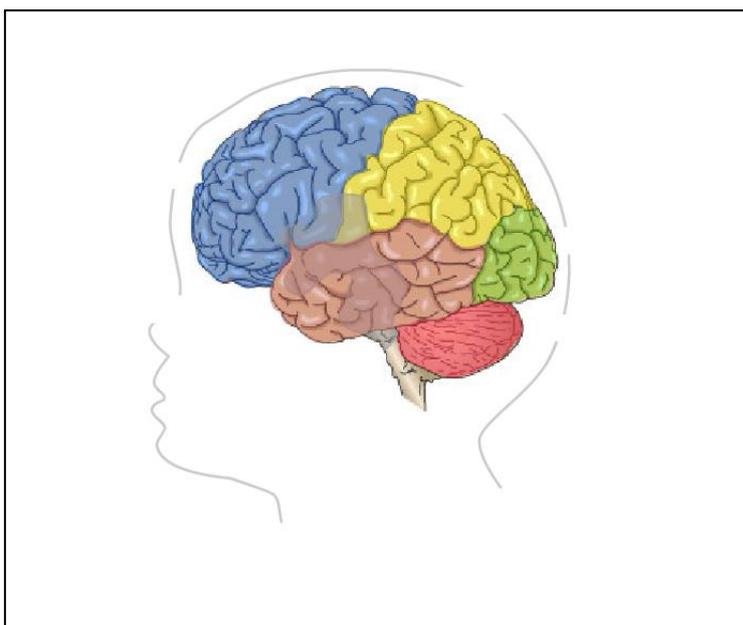
e-tivity 1 (1 hour)

Purpose

To review your own understanding of the brain prior to commencing the Dementia course

Task

1) Reflect on your own understanding of the brain and which areas are primarily responsible for which functions, by labelling the following diagram:
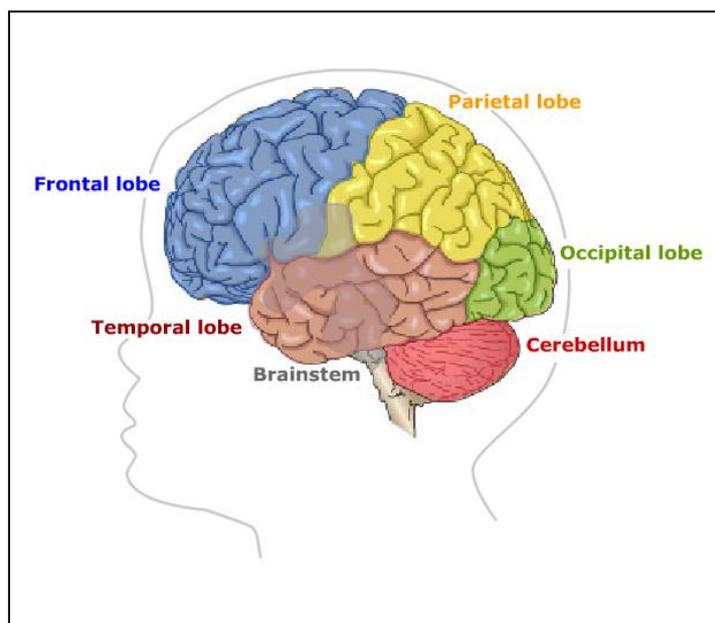

Compare your labelled diagram to the one below:

Adapted from resource available at:
http://open.jorum.ac.uk:80/xmlui/handle/123456789/750

After you have had a go at this exercise please review the original to confirm what you have learnt:

http://resources.jorum.ac.uk/xmlui/bitstream/handle/123456789/750/ltems/prim_ey1_02f_1.swf

e-tivity 2 (2 hours)

Purpose
To be familiar with the current strategic direction of dementia care.

Task
1) Now review the current Department of Health Strategy on Dementia (2009) Living well with dementia: a National Dementia Strategy implementation plan www.dh.gov.uk
2) Make notes in relation to the key messages.