

# Diabetes IPE e-learning course

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## Week 5: Final Reflections (4 hours including assignments)

We have enlightened you with some of the experiences that Amrit has experienced. Some of these have been very thought provoking and may have evoked some interesting discussions.

What were the strengths and weaknesses in this case? What could have worked better? What were the challenges?

Look back at some of your responses over the last 4 weeks. What have you learnt as a result of this course? Have your colleagues contributed to your knowledge on team working? What have you learnt about your role in a multi-disciplinary team? More importantly, what knowledge have you gained by inter-professional collaboration?

You will be asked to make your final contributions in the e-tivities. Use these contributions for your individual IPE written reflective assignment.

## e-tivity 1: Reflection on IPE event

### Purpose

To reflect on what you have learnt and prepare for future working practice

### Task

1. Post one paragraph (approximately 200 words) on how this event has enlightened your understanding of diabetes and the relevance of inter-professional collaboration.
2. Post your comments in the ...(**suggest a discussion board e.g. 'Week 5 diabetes: e-tivity 1: How you have learnt from others'**)

### Response

- Post an additional paragraph (approximately 100 words) on how you will take forward in practice what you have learnt to ensure that patient/service user and carers are central to future health and social care.



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- Post your messages discussion board for Week 5 diabetes, e-tivity 1b: Taking IPE Forward Into Practice by ...(**suggest a discussion board**).

Please use any material from the last four weeks in constructing your paragraphs and remember to be reflective in your approach. You can use this work in your IPE portfolio. Please refer to your coursework assessment criteria for this task.

## Feedback

We hope you have enjoyed this course!

Your feedback is vital to us. Please spare about 5 minutes to complete and submit the post evaluation questionnaire. You can access this by ...(**facilitator to indicate where questionnaire will be sited**).

Your suggestions will help us improve the course for future programmes.

From all your e-tutors, well done and good luck for the future!



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## Examples of reflections put into a discussion board

Taking part in this IPE event has enforced the importance of working together in a multidisciplinary team. Although this event was more computer based rather than face to face I thought that I have learnt an enormous amount of information on both diabetes and other healthcare professional roles. In terms of learning from other healthcare professionals, I found out that each profession is important and that if one fails then the objective of the task is not met. It was very good to hear about other people's opinions on various cases, some of these opinions I was not aware of and has therefore led me to think a lot more about certain issues and take them into consideration.

In terms of what I have learnt about the condition diabetes. I have found that it is a worldwide problem and there are many stigmas attached to this particular condition. The prevalence of this condition is a lot more than in the past. I also learnt that it cannot be controlled by just medication alone. It is also down to the patient who must be willing to make certain changes in their life in order to control this condition. I feel that if all members of a multidisciplinary team emphasise the importance of for example exercise, healthy eating then we could decrease the incidence of this condition and also allow patients to control their diabetes much more appropriately and efficiently.

(Pharmacy student)

This IPE event has helped to reinforce for me the importance of teamwork. It's something we often talk about during a medical degree, but I think it takes an event such as this to appreciate how important it is. Discussing with the pharmacy students about how best to tackle the stigma of diabetes produced some useful and interesting ideas; I hope that I will be able to take this level of collaboration through to my future practice. I very much look forward to working with other professions in addressing both physical and psychosocial problems faced by patients today.

(medicine)



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