Diabetes IPE e-learning course

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1. National Guidelines
   ➢ The National Institute for Health and Clinical Excellence (NICE) produced by the National Collaborating Centre for Women's and Children's Health
     a. NICE guidelines - Diabetes in pregnancy: management of diabetes and its complications from pre-conception to the postnatal period
     b. NICE guidelines on Type 2 diabetes

   ➢ BMJ summary of NICE guidance the management of diabetes during pregnancy

   ➢ Scottish Intercollegiate Guidelines Network (SIGN guidelines)
     http://www.sign.ac.uk/guidelines/published/index.html

   ➢ Management of Diabetes - chapter 8 covers management of diabetes in pregnancy

2. Patient information and fact sheets
   ➢ Diabetes UK Gestational Diabetes: What is gestational diabetes?
     Care recommendations for the Management of pregnant women with diabetes (including Gestational diabetes)

This work was produced as part of the TIGER project and funded by JISC and the HEA in 2011. For further information see: http://www.northampton.ac.uk/tiger.

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(Select title from pink related information box on the right hand side of the page.)

- Department of Health - *The National Service Framework for diabetes*
- NHS Patient Information on diabetes and pregnancy
- EQUIP (Electronic Quality Information for Patients): electronic sources of health and social care information for UK patients
  - a. *Diabetes information*
  - b. *Pregnancy and Birth information*
- Patient UK - *Information on diabetes in pregnancy*

3. Consent
- Department of Health - *Reference Guide to Consent for Examination or Treatment*
- *PDF of Reference Guide to Consent for Examination or treatment*
- Department of Health - *About the consent form*
- General Practice Notebook - *Brief description of consent*

4. Research, Trials and reviews
- Cochrane Pregnancy and Childbirth Group
- NHS Centre for Reviews and Dissemination

5. Databases to find research and journal articles
Please note this is an indicative list, the relevant guides at libraries should be consulted for a full list.

*British Nursing Index*

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6. Glossary for the diabetes e-learning workshop

**Cardiovascular Risk Factor Profile:** *Sex-specific multivariable risk functions* (*"general CVD" algorithms*) that incorporate age, total and high-density lipoprotein cholesterol, systolic blood pressure, treatment for hypertension, smoking, and diabetes status are commonly used to assess risk of specific atherosclerotic cardiovascular disease (CVD) events, ie, coronary heart disease, cerebrovascular disease, peripheral vascular disease, and heart failure.

**Epidemiology:** *The study of the distribution and causes of a disease or state of health, and the use of this information to act to prevent or control health problems and diseases*

**Incidence:** *The number of new cases of a disease that come into being in a specified population during a specified period of time*

**Prevalence:** *The number of existing cases of a disease or health condition in a specific population at some designated time or during some designated time period*
**DHDS:** The DHDS Pilot Prevention Project was funded by the Department of Health. It assessed the feasibility of screening for Type 2 diabetes in primary care and ran from 1st October 2003 to 30th September 2005.

**NSF:** National service frameworks (NSFs) are long term strategies for improving specific areas of care. They set national standards, identify key interventions and put in place agreed time scales for implementation. The Diabetes NSF was published by the Department of Health in 2001. The document set out twelve new standards and the key interventions necessary to raise the standards of diabetes care.

**QOF:** The Quality and Outcomes Framework (QOF) is the annual reward and incentive programme detailing GP practice achievement results. It was introduced as part of the GP contract in 2004. QOF awards surgeries achievement points for: managing some of the most common chronic diseases e.g. asthma, diabetes; how well the practice is organised; how patients view their experience at the surgery; the amount of extra services offered such as child health and maternity services.

**Further reading:**