

# Learning Inter-Professionally (LIP) 2

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## Scenario - Family affected by diabetes

Nuclear family

Ethnic origin South Asian

Mother, Housewife aged 60

Father Shopkeeper aged 64

Son, Lorry Driver, aged 42

Daughter in law aged 33 part time works in family shop

One male child aged 8

The family live as a nuclear unit behind and above the parents retail business, this is situated in a deprived inner city area. The father and son both need to be in full time employment in order to support the family.

The son aged 42 was diagnosed with type 2 diabetes at age 40. The business cannot provide enough work for both father and son. Therefore the son drives an HGV lorry. He has always had problems with weight control due to his sedentary occupation. He has little time for exercise, but enjoys playing with his son and makes sure he is home for family mealtimes.

The father was diagnosed with type 2 diabetes when aged 52. He now walks with a stick although he is unable to walk far and complains of calf pain. However, he is always on his feet re-stocking shelves and serving customers. He cannot afford to pay a shop assistant so his daughter in law helps out when her son is at school. The father speaks conversational English but is unable to read in English.



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Mother is a housewife; she speaks little English and also cannot read in any language. She enjoys keeping the house tidy and watching Asian television as this reminds her of home. She is a good cook and takes pride in instructing her daughter in law in traditional culinary arts. Frequently her other two sons and their families visit, she always entertains and also cooks for them during festivals.

Male child, as the only child is doted on and spoiled by both parents and grandparents and is overweight on the 97<sup>th</sup> percentile. He is having behaviour problems at school where he has always had difficulty fitting in with others and recently a number of aggressive outbursts which are concerning staff. He plays indoors as the shop fronts onto a busy main road and is unsafe.

The Daughter in Law is 33 she had completed a history degree prior to coming to England to fulfil her marriage arrangement. After completing her family she had hoped to embark on a career. However she is kept active helping serve in the shop and looking after her son. She is keen to have another child and is disappointed that she has had two unexplained miscarriages, she sometimes feels that her husband is quite happy with only one child. She helps her mother in law cook the traditional family meals and preparing food to take to the Gudwara. Due to the bereavement of her aunt she needs to return to India immediately to support her mother.



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